The tragic final weeks of Britain's fattest man: Documentary filmed shortly before his death reveals how he was bedbound and spent £22,000 on takeaways in six years

Carl Thompson, of Dover, Kent, weighed 65 stone when he died last month

Channel 5 documentary reveals he spent thousands a year on fast food

Talks about his struggles with obesity and how he planned to lose weight

By JULIAN ROBINSON FOR MAILONLINE


The final weeks of Britain's fattest man are to be revealed in a documentary filmed shortly before he died - showing how he spent £22,000 on takeaways in six years.

Carl Thompson, who weighed 65 stone when he died aged 33, was found dead at his flat in
Dover, Kent last month after binge-eating for years following the death of his mother.

He agreed to talk about his struggle with obesity as part of Channel 5’s six-part Supersized season - but died just weeks after filming had finished.

The final weeks of Britain's fattest man, Carl Thompson (pictured), are to be revealed in a documentary filmed shortly before he died.
«Ожирение смертельно опасно» - заявила английская газета Dailymail

Mr Thompson died just weeks after vowing to shed weight having been being 'touched' by the outpouring of sympathy he received since sharing his story.

Mr Thompson was completely bedbound in the run-up to his death and often consumed 10,000 calories a day spending thousands of pounds a year on fast food.

He reveals in the documentary how he had even given staff at his local takeaway a key to his home so they could bring food to his bed. His weight had nearly doubled in the past three years, after the death of his mother.
In the programme, Mr Thompson talks about his addiction to food and reveals how he longed to lose weight and had started a diet. He says: 'I want to walk around my flat and get to my bed and get to the toilet and get to the bathroom first. That's my first goal. The second goal is to get around this flat with no problem whatsoever.'
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'When I finally get stronger and stronger, I can do that. Then I'll have no problems whatsoever. I'll go from using a zimmer frame and crutches for the small things but once I'm off the zimmer frame and more confident with the crutches, then I can do anything, that I can't do because I'm fat.

'Then I can finally walk around my flat.'

The programme shows Carl being visited by a specialist doctor, and also an expert in nutrition. He tells her he wants to lose weight so he can one day play in the park with his one-year-old nephew.

He said: 'I love him to bits. I want to see him grow up, get married, have kids of his own. Play football with him. You know... go to the park with him.'

Mr Thompson's funeral was held earlier this month.

His coffin - more than twice the size of a regular casket - was driven into Barham Crematorium where there were so many family and friends that some had to sit in galleries upstairs.

Mr Thompson's story features alongside two other super-obese men who say their homes have effectively become prisons due to their weight.

65 Stone and Trapped in My House will be broadcast on July 30 at 9pm on Channel 5.
Томпсон умер в своей квартире в возрасте 33 лет. Это произошло через несколько недель после завершения съемок. Он весил почти 413 килограммов. Мужчина страдал от непреодолимой тяги к перееданию, которая только обострилась в последние три года его жизни, после смерти матери. За этот период его вес удвоился. Томпсон потреблял до 10 тысяч калорий в день, заказывая доставку еды на дом. В фильме мужчина рассказывает, что даже снабдил курьеров ключом от своей квартиры, чтобы они могли приносить пищу прямо к кровати, на которой он постоянно лежал. Томпсон фактически превратился в пленника своей квартиры, которую он не мог покинуть из-за своего веса.

Бывший самый толстый человек» Британии Пол Мейсон, который ранее весил 444,5 килограмма, готовится к свадьбе.