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The tragic final weeks of Britain's fattest man: Documentary filmed shortly before his death reveals how he was bedbound and spent £22,000 on takeaways in six years

Carl Thompson, of Dover, Kent, weighed 65 stone when he died last month

Channel 5 documentary reveals he spent thousands a year on fast food

Talks about his struggles with obesity and how he planned to lose weight

By [JULIAN ROBINSON FOR MAILONLINE](#)

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The final weeks of Britain's fattest man are to be revealed in a documentary filmed shortly before he died - showing how he spent £22,000 on takeaways in six years.

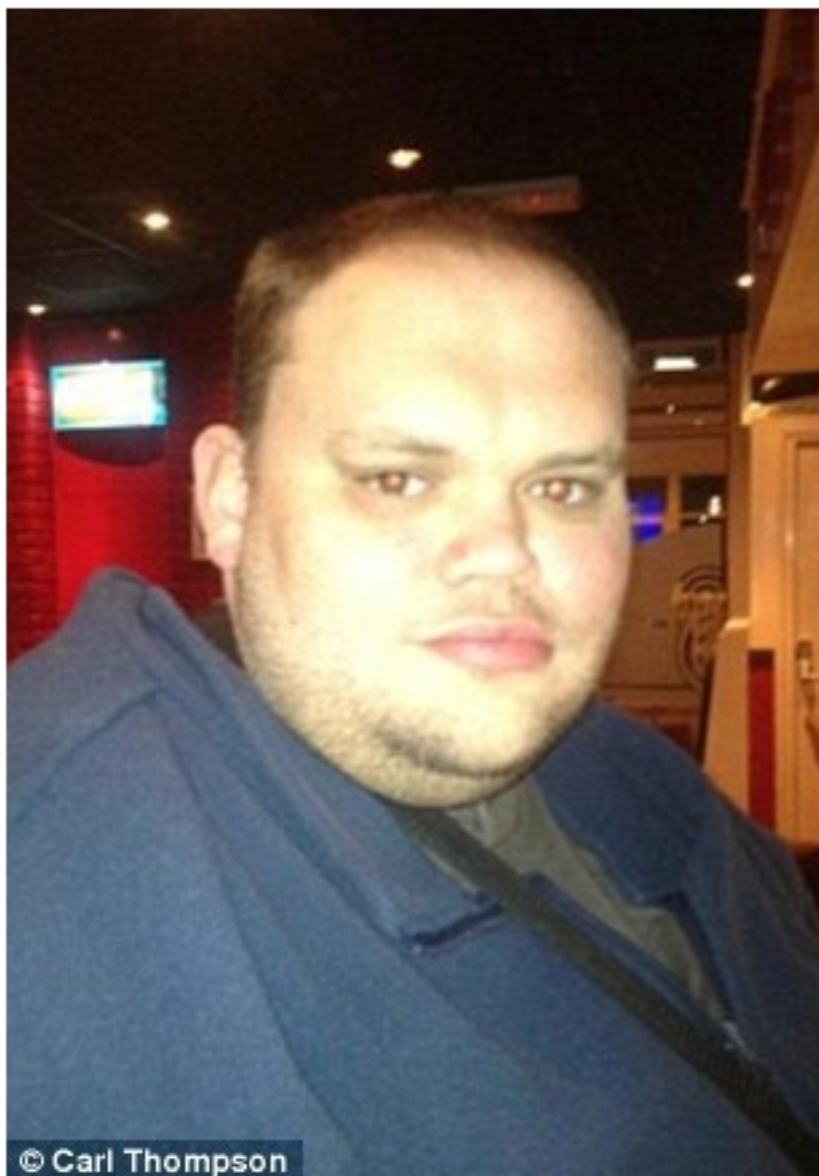
Carl Thompson, who weighed 65 stone when he died aged 33, was found dead at his flat in

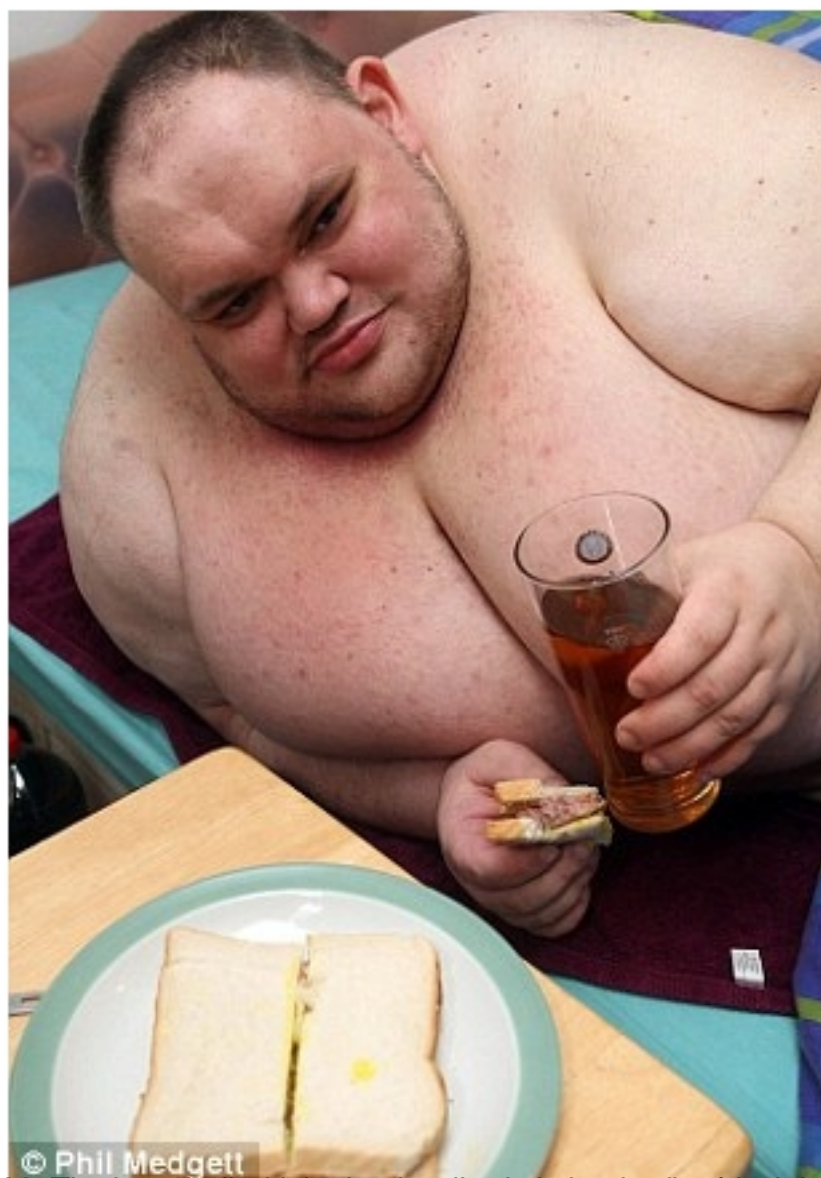
Dover, Kent last month after binge-eating for years following the death of his mother.

He agreed to talk about his struggle with obesity as part of Channel 5's six-part Supersized season - but died just weeks after filming had finished.



The final weeks of Britain's fattest man, Carl Thompson (pictured), are to be revealed in a documentary filmed shortly before he died





Phil Medgett, a British journalist, has written a book about obesity, 'The Obesity Epidemic: How We Got Here and What We Can Do About It'. The book is a bestseller in the UK and has been translated into several languages. It is a sobering read, but it is also a call to action. Medgett argues that obesity is not just a personal health issue, but a public health crisis. He points out that obesity is a leading cause of death and disability in the UK, and that it is costing the NHS billions of pounds each year. He also points out that obesity is a social issue, and that it is often linked to poverty and poor diet. He calls for a multi-pronged approach to tackling obesity, including better regulation of the food industry, more physical education in schools, and more support for people who are struggling with their weight.



and having given The Mail the original, he said it's only a long day at the time and he'd like to



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