



Всемирная Организация Здравоохранения (ВОЗ) предупреждает об опасности и о бесполезности использования неподтвержденных и неопробованных методов лечения. Также РДГ рассказывает об особенностях поведения людей с диабетом при коронавирусной инфекции.

Большинство людей, которые имели COVID-19 оправляются от него.

Большинство людей, которые получают COVID-19, имеют легкие или умеренные симптомы и могут выздороветь благодаря вспомогательному уходу. Если у вас есть кашель, лихорадка и затрудненное дыхание обратиться за медицинской помощью рано - сначала позвоните в свое медицинское учреждение по телефону. Если у вас есть лихорадка и вы живете в районе с малярией или лихорадкой Денге, немедленно обратитесь за медицинской помощью.

Most people who get COVID-19 have mild or moderate symptoms and can recover thanks to supportive care.

If you have a cough, fever and difficulty breathing seek medical care early – call your health facility by telephone first.

If you have fever and live in an area with malaria or dengue seek medical care immediately.



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#Coronavirus

#COVID19

[Использование перчаток не защищает вас от COVID-19 и может быть опасным.](#)

pro

**The harmful use of alcohol
increases your risk of health
problems.**



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ВОЗ разоблачает распространённые мифы о коронавирусе. (ли

While several drug trials are ongoing, there is currently no proof that hydroxychloroquine or any other drug can cure or prevent COVID-19.

The misuse of hydroxychloroquine can cause serious side effects and illness and even lead to death.

WHO is coordinating efforts to develop and evaluate medicines to treat COVID-19.



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COVID-19. COVID-19. Бразильский журнал «Фолх» опубликовал результаты исследования, в котором утверждается, что COVID-19 можно лечить с помощью гидроксихлорокина. Однако ВОЗ заявляет, что нет никаких доказательств, подтверждающих это утверждение.

Hot peppers in your food, though very tasty, cannot prevent or cure COVID-19.
The best way to protect yourself against the new coronavirus is to keep at least 1 metre away from others and to wash your hands frequently and thoroughly. It is also beneficial for your general health to maintain a balanced diet, stay well hydrated, exercise regularly and sleep well.



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COVID-19 не лечится с помощью перца, чеснока или чеснока. Лучший способ защитить себя от COVID-19 — это оставаться на расстоянии не менее 1 метра от других и часто и тщательно мыть руки. Также полезно для вашего общего здоровья соблюдать сбалансированную диету, оставаться хорошо гидратированным, регулярно заниматься спортом и хорошо спать.

To date, there is no evidence or information to suggest that the COVID-19 virus is transmitted through houseflies.

The virus that causes COVID-19 spreads primarily through droplets generated when an infected person coughs, sneezes or speaks. You can also become infected by touching a contaminated surface and then touching your eyes, nose or mouth before washing your hands. To protect yourself, keep at least 1-metre distance from others and disinfect frequently-touched surfaces. Clean your hands thoroughly and often and avoid touching your eyes, mouth and nose.



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До сих пор нет никаких доказательств того, что COVID-19 передается через мух.

Do not under any circumstance spray or introduce bleach or any other disinfectant into your body. These substances can be poisonous if ingested and cause irritation and damage to your skin and eyes.

Bleach and disinfectant should be used carefully to disinfect surfaces only.

Remember to keep chlorine (bleach) and other disinfectants out of the reach of children.



#COVID19 #coronavirus

To protect yourself against COVID-19, disinfect objects and surfaces, especially the ones you touch regularly. You can use diluted bleach or alcohol for that. Make sure you clean your hands frequently and thoroughly and avoid touching your eyes, mouth and nose.



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Второй этап – анализ полученных данных и выявление закономерностей.

You can catch COVID-19, no matter how sunny or hot the weather is.

Countries with hot weather have reported cases of COVID-19.

To protect yourself, make sure you clean your hands frequently and thoroughly and avoid touching your eyes, mouth and nose.



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Важно! Если вы заметили симптомы COVID-19, немедленно обратитесь к врачу.

The most common symptoms of COVID-19 are dry cough, tiredness and fever. Some people may develop more severe forms of the disease, such as pneumonia. The best way to confirm if you have the virus producing COVID-19 disease is with a laboratory test. You cannot confirm it with this breathing exercise, which can even be dangerous.



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Модель ВОЗ, основанная на анализе данных о COVID-19, не может быть использована для прогнозирования распространения вируса, поскольку модель основана на данных, которые могут измениться в будущем.

The COVID-19 virus can be transmitted in any climate, including areas with hot and humid weather.

The best way to protect yourself against COVID-19 is by maintaining physical distance of at least 1 metre from others and frequently cleaning your hands. By doing this you eliminate viruses that may be on your hands and avoid infection that could occur by then touching your eyes, mouth, and nose.



#Coronavirus

#COVID19

27 April 2020

FACT:
COVID-19 can be transmitted in areas with hot and humid climates



There is no reason to believe that cold weather can kill the new coronavirus or other diseases.

The normal human body temperature remains around 36.5°C and 37°C, regardless of the external temperature or weather.

The most effective way to protect yourself against the new coronavirus is by frequently cleaning your hands with alcohol-based hand rub or washing them with soap and water.



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#COVID19

FACT:
Cold weather and snow CANNOT kill the new coronavirus



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ВОЗ разоблачает распространённые мифы о коронавирусе.

#COVID19

A cartoon illustration of a young girl with brown hair in pigtails, wearing a blue shirt and orange pants, sitting in a white bathtub filled with white bubbles. The background is a solid blue color.

#COVID19

No. Hand dryers are not effective in killing the 2019-nCoV.

To protect yourself against the new coronavirus, you should frequently clean your hands with an alcohol-based hand rub or wash them with soap and water. Once your hands are cleaned, you should dry them thoroughly by using paper towels or a warm air dryer.



#2019nCoV

Are hand dryers effective in killing the new coronavirus?



UV radiation can cause skin irritation and damage your eyes.

Cleaning your hands with alcohol-based hand rub or washing your hands with soap and water are the most effective ways to remove the virus.



#Coronavirus

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FACT:

Ultra-violet (UV) lamps should not be used to disinfect hands or other areas of your skin.



27 April 2020

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Вопрос: почему не рекомендуется использовать ультрафиолетовые лампы для дезинфекции рук? Ответ: ультрафиолетовое излучение может вызвать раздражение кожи и повреждение глаз.

No. Vaccines against pneumonia, such as pneumococcal vaccine and Haemophilus influenza type B (Hib) vaccine, do not provide protection against the new coronavirus.

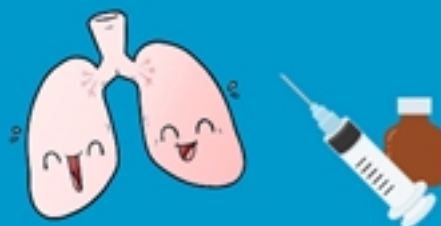
The virus is so new and different that it needs its own vaccine. Researchers are trying to develop a vaccine against 2019-nCoV, and WHO is supporting their efforts.

Although these vaccines are not effective against 2019-nCoV, vaccination against respiratory illnesses is highly recommended to protect your health.



#2019nCoV

Do vaccines against pneumonia protect you against the new coronavirus?



No. There is no evidence that regularly rinsing the nose with saline has protected people from infection with the new coronavirus.

There is some limited evidence that regularly rinsing the nose with saline can help people recover more quickly from the common cold. However, regularly rinsing the nose has not been shown to prevent respiratory infections.



#2019nCoV

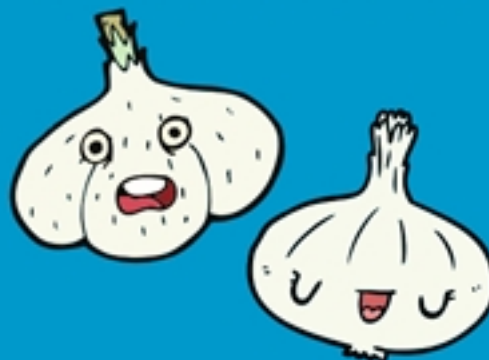
Can regularly rinsing your nose with saline help prevent infection with the new coronavirus?



Коронавирус распространяется воздушно-капельным путем. Для профилактики заражения необходимо соблюдать меры личной гигиены: мыть руки с мылом, избегать рукопожатий, кашлять и чихать в локоть или в салфетку, не касаться лица руками, избегать тесного контакта с заболевшими.

Garlic is a healthy food that may have some antimicrobial properties. However, there is no evidence from the current outbreak that eating garlic has protected people from the new coronavirus (2019-nCoV)

Can eating garlic help prevent infection with the new coronavirus?



#2019nCoV

People of all ages can be infected by the new coronavirus (nCoV-2019).

Older people, and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) appear to be more vulnerable to becoming severely ill with the virus.

WHO advise people of all age to take steps to protect themselves from the virus, for example by following good hand hygiene and good respiratory hygiene.

Does the new coronavirus affect older people, or are younger people also susceptible?



#Coronavirus

Возраст и наличие предсуществующих заболеваний не являются факторами, которые защищают от заражения коронавирусом.

No, antibiotics do not work against viruses, only bacteria.

The new coronavirus (2019-nCoV) is a virus and, therefore, antibiotics should not be used as a means of prevention or treatment.

However, if you are hospitalized for the 2019-nCoV, you may receive antibiotics since bacterial co-infection is possible.

Are antibiotics effective in preventing and treating the new coronavirus?



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